



## Preoperative Instructions GENERAL

### 1. Surgery Schedule

- Changes may be made to the surgery schedule. Please plan to have your entire day free as the surgery center may call with a different arrival time.
- The surgery center's scheduler will contact you with your arrival time.

### 2. Nothing to eat or drink after midnight prior to surgery.

### 3. Medications

Unless otherwise instructed:

- Take prescription medications the morning of surgery with a small sip of water.
- Bring a list of all medications including dosages.
- Diabetics**
  - Contact your Primary Care Physician for preoperative instructions regarding your diabetic medication.
  - Bring your diabetic medication with you to the surgery center.

### 4. Attire

DO NOT Wear

- Fragrances (Patient and Escort) - **PSC is a Fragrance Free Facility**
- Make-Up, Contacts, Jewelry

DO Wear

- Loose fitting button shirt
- Sweat pants (elastic waistband pants)
- Slip on shoes

### 5. Escort

- The escort is to remain in the building throughout your admission.
- Please allow only 2 escorts to accompany you.

### 6. After Surgery

- You must have a responsible adult drive you home.
- We recommend someone be with you for 24 hours if you have IV sedation.